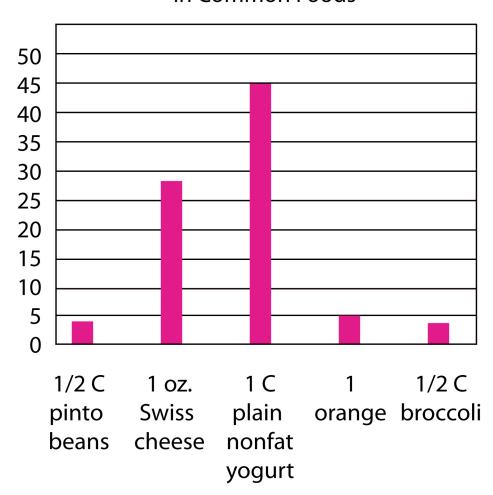
4. Jaxon broke his arm playing soccer. What conclusion can Jaxon make from the bar graph below?

Percentage of the Daily Value of Calcium in Common Foods



- A. He should avoid yogurt so that his arm will have a better chance of healing.
- B. Swiss cheese would be a better choice than yogurt to provide more calcium.
- C. Yogurt would be the best choice to get the most calcium.
- D. Jaxon should avoid pinto beans and broccoli.